

The Six Thinking Hats



The Six Thinking Hats are used in:

- ✓ *Group facilitation*
- ✓ *Getting everyone focused*
- ✓ *Improving team productivity, communication & workplace culture*
- ✓ *Getting everyone thinking in the same direction without losing diversity of view.*
- ✓ *Enhancing creativity*
- ✓ *Organising thinking to make better decisions & solve problems*
- ✓ *Reducing the time we spend in meetings*
- ✓ *Saving Time & \$\$\$*

People and organisations are seeking improvement and quality in most areas except in the most important of areas – *the quality of our thinking*. If we can improve the quality of our thinking, the actions that follow that thinking will also improve.

The Six Thinking Hats is a thinking technique developed by Edward de Bono, which is used to look at issues from multiple perspectives. It forces us to move outside our habitual thinking style and develop a more rounded view of a given situation.

The Hats promote fuller input from more people and significantly reduce argument from those with divergent points of view. With this adversarial approach removed the amount of time taken to conduct a meeting can be significantly reduced. People can contribute under any Hat even though they support the opposite view. The Six Hats encourage co-operation, exploration and greater creativity by getting everyone thinking in parallel.

The methods are being successfully applied where demanding and complex times call for thinking that goes beyond the traditional critical, logical and argument.

Training can be conducted for groups from 6–20 and is conducted over either a one or two-day period.

An accredited and experienced De Bono trainer delivers the training. Participants undertaking the two day session for facilitators are assigned a work-based assessment post training to help the thinking and facilitation methods embed in practice. The trainer will assess this work for participants at no additional cost.

Attend this course if you need to:

- ✓ Effectively lead teams and meetings
- ✓ Design shorter, focused and outcome oriented meetings
- ✓ Maximise collaboration and input
- ✓ Generate new ideas, insights and approaches
- ✓ Speed up thinking and save time
- ✓ Build clear problem definitions from multiple perspectives
- ✓ Incorporate diverse perspectives without the associated problems of difference
- ✓ Provide an immediate practical means of applying the methods to realise organisational benefit



The Six Thinking Hats is delivered in either a 1 or 2 day course format.

The one-day course provides all participants with the theory and skills to practically apply the diverse thinking styles and parallel thinking at work and in personal life.

The two-day course provides the theoretical and practical underpinning of the full day course and also incorporates training to allow participants to facilitate groups using the parallel thinking methods. The successful completion of the assessment provides the Blue Hat Facilitator Pin.

Prices for training in the Six Thinking Hats upon application.

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